

3Thirty6 Publications Gives Their Inside Golf Tips

You don't have to play golf competitively to fully enjoy it. No, not at all! You can play it as a relaxing recreational sport too. If you do not have a clue about how to start playing this sport, then try taking a gander at the tips below. They can give you some helpful advice.

Just as there are rules of etiquette on the tees, greens, and fairways, there are



some important tips to follow while driving a golf cart. **Avoid driving near someone swinging, and never put the cart in reverse without first checking to see if someone is addressing the ball.** These unnecessary noises can lead to bad shots, and subsequent

evil glances from those around you.

One great way to ensure you are setting up your stance in proper alignment with your target, is to stand behind your ball and look toward your target. Pick a landmark such as a divot, weed, or any other notable point about five feet in front of your ball, and draw an imaginary line in your mind between the ball and that point. Use that visual to let the rest of your body fall into proper alignment toward your target.

When putting, it can be confusing as to how you align yourself with the ball since it is different than a normal golf swing. **Always remember that when you line up to putt, your eyes should be positioned directly over the golf ball,** so that when you look straight down, you clearly see the ball.

3Thirty6 Publications Gives Their Inside Golf Tips

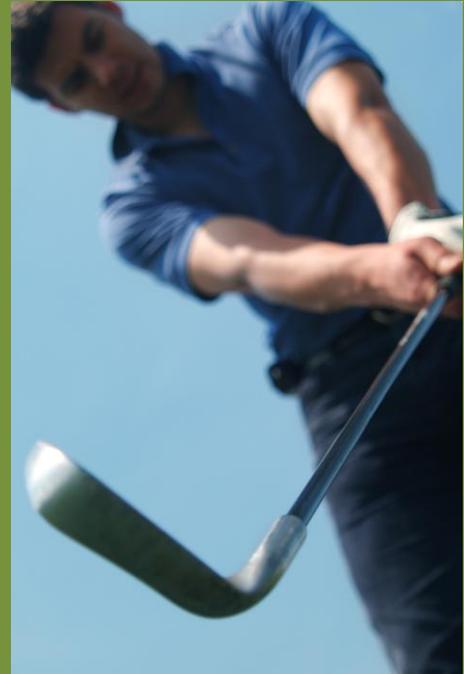
To improve your score fast, focus on your short shots because they make up the greater percentage of the game. New golfers often put a lot of focus on driving, but this won't bring up your score as quickly as getting really good at getting the ball into the hole.

Keep your feet lined up with the golf ball. If you place the club at your feet so that it touches your toes, the ball is going to go in the direction that your toes are pointing if you are hitting it right. Try it a few times and you will see how this works.

Align your club face before you align your body. Before you address the ball, set your club face to the line which you will be hitting. Only after the club face

is lined up should you bring yourself in and assume your grip. The club face is the most important part of your alignment, so focus on that first.

At [3Thirty6 Publications](#), we believe a great golfing tip for beginners is to be aware of the **position of your feet**. This can make a huge difference as to where the ball goes once you hit it. You should always aim to have your feet in alignment with the ball. To do this, place your club down at your feet so that the club is touching your toes. Whatever direction the club is pointing to is where the ball will go.



"3Thirty6 Publications truly helped my golf game"

-Jason Haverty, Boca Raton, FL

3Thirty6 Publications Gives Their Inside Golf Tips

To focus on powering your swing, quadriceps exercises such as squats and lunges are the way to go. These exercises, as well as seated leg extensions, result in more powerful golf swings. Your stroke begins in your legs but travels up your body as you follow through after contact with the ball.

A helpful tip when it comes to golf is to make sure you are aware of not only all of the rules, regulations, and jargon, but also golf course etiquette in general. There



are many things that you do or do not do on a golf course that could put you in an uncomfortable situation quickly if not done correctly.

Is the wind blustering heavily? Is it moving your ball too much? Well, it may be better if you make the ball stay low to the ground. You can easily do this. First, the lower the number the club, the less loft you will get with that club. Secondly, if you close your club face you will decrease the angle and the loft. Careful though! Closing your club face can also cause you to slice the ball. [3Thirty6 Publications](#) believes that golf is played from within.

You have to make sure you turn your shoulders and hips correctly. This is called "coiling." If you do not turn properly then you are not going to hit full power. In order to maximize your drive potential, you must learn to "coil" properly. Practice with an instructor or tape yourself swinging and practice doing this without hitting the ball.